Registration for NBD 2020 is open: **Click Here**

Dear Friends and Colleagues in the European Society of Biomechanics,

National Biomechanics Day will celebrate Biomechanics in its unique and effervescent manner…

…for the **FIFTH CONSECUTIVE** year in April 2020. We have reached **over 29,000** high school students the past four years and for 2020 alone we will **breakthrough with 30,000 students** learning about Biomechanics all around the world. How is this possible? Effortlessly through your continued support and love for all things Biomechanics. We truly hope this is the year that EVERYONE in Biomechanics joins our initiative to increase the impact of Biomechanics and enable Biomechanics to help more people.

NBD 2020 registration is **HERE**

For more info: contact Paul DeVita, **HERE** & see our website: **HERE**

**National Biomechanics Day,**
**Where Science Meets Fun and**
**The Breakthrough Science of the 21st Century**
The official NBD 2020 date is April 8 but you can hold your NBD on another date that best suits you. We can supply many materials to help you create an NBD event…which can be as simple as: invite high school students to your lab, show them cool Biomechanics, and tell them a bit about National Biomechanics Day.

A Few NBD 2019 Highlights: University of Massachusetts Amherst, USA

![University of Massachusetts Amherst, USA](image)

National Sports Institute, Kuala Lampor, Malaysia

![National Sports Institute, Kuala Lampor, Malaysia](image)

University of the Punjab, Pakistan

![University of the Punjab, Pakistan](image)

Some great links:  
NBD Guidelines: [HERE](#)  
NBD 2019 Summary: [HERE](#)  
NBD 2019 Videos: [HERE](#). They are really fantastic! No kidding!!

Thank you very much and we truly hope you can participate in NBD 2020. It will be a blast,

Paul DeVita, Ph.D.

This year, EVERYONE!!! How can you resist?